

Tea Tree Eucalyptus

Invigorating



- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **4 drops** tea tree oil
- **6 drops** eucalyptus essential oil
- **5 drops** lemon essential oil

Lemon-Basil

Fresh and Clean



- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **5 or 6** leaves fresh basil
- **5 drops** lemon essential oil

Lavender Chamomile

Relaxing



- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **10 drops** lavender essential oil
- **5 drops** chamomile essential oil

Grapefruit, Tangerine, Lime

Energizing



- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **3 drops** grapefruit essential oil
- **3 drops** tangerine essential oil
- **3 drops** lime essential oil



Orange Rose

Revitalizing

- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **7 drops** orange essential oil
- **7 drops** rose essential oil



Citrus Lavender

Relax and Awaken

- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **5 drops** lavender essential oil
- **5 drops** orange essential oil
- **5 drops** tangerine essential oil



Invigorating Mint

Awaken

- **1 cup** water
- **2 tablespoons** vodka or rubbing alcohol
- **7 drops** orange essential oil
- **7 drops** peppermint essential oil



Sandalwood

Masculine and Earthy

- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **5 drops** sandalwood essential oil
- **5 drops** tea tree oil
- **5 drops** lemon essential oil



Pure and Simple

Fresh and Clean

- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **5 drops** lemon essential oil
- **5 drops** lavender essential oil
- **5 drops** rosemary essential oil



Healing Herbs

Healing

- **1 cup** water
- **2 tbsp.** vodka or rubbing alcohol
- **7 drops** eucalyptus essential oil
- **7 drops** rosemary essential oil
- **5 drops** tea tree essential oil

